

Psilocybin Mushrooms

Common ways of consumption

Eaten fresh/dried, alone/mixed with food, or brewed in tea or juice.

Effects

3 to 8 hour high

Hallucinations

Euphoria

Increased body temperature

Dilated pupils

Increased senses

Light headedness

Distorted time perception

Possible negative effects

Nausea, vomiting, paranoia, confusion

Overdose

In order to die from a psilocybin overdose, one must ingest 20 pounds of mushrooms. Even though it's nearly physically impossible to overdose, this does not mean it's safe to take as much as you want. Doing large amounts of mushrooms is psychologically unsafe and can lead to a bad trip. Bad trips can be compared to internal, psychedelic hells.

Addiction

There is no evidence that psilocybin mushrooms use can develop physical or psychological addiction. After daily use for multiple days, one can develop complete tolerance, which means that effects are no longer felt. Once mushrooms are not taken for a few days, the tolerance will diminish.

Legality in Canada

Psilocybin mushrooms are 'Schedule III' drugs under the Controlled Drugs and Substances Act

