# Cocaine

## **Common ways of consumption**

Smoking, injecting, snorting.

## **Effects**

15 to 40 minute high
Euphoria
Stimulating/energizing
Suppression of fatigue
Confidence
Higher concentration

## Possible negative effects

Addiction, tics, teeth grinding, palpitations, increased body temperature, irritability, aggression, paranoia and hallucinations.

### **Overdose**

Signs of overdose include: severe anxiety, panic, agitation, aggression, insomnia, hallucinations, paranoid delusions, impaired judgment, convulsions and delirium.

#### Addiction

Not all cocaine users develop physical addictions, however most users become dependent or obsessed because of the the extreme effects of the drug. This depends on the amount being used and the frequency of usage. Tolerance increases over time which means one must increase the amount needed for a significant high. Withdrawal often does not include physically visible symptoms such as vomiting and shaking, but it does include psychological symptoms such as: irritability, depression, increased appetite, fatigue, unpleasant sleep, and overall discomfort.

# Legality in Canada

Cocaine is a 'Schedule I' drug under the Controlled Drugs and Substances Act

